





It's The Big Fashion Issue! London Fashion Week is finally here (hooray!), so to celebrate, we've rounded up the coolest new trends and hottest street-style looks. Plus, see what the Look team will be rocking on the FROW (page 52). I'd love to hear what you think of the new issue – tweet @MissAliHall.

21 September 2015

Coverstories

- 10 Kendall: 'Dad's Always Asking Me For Fashion Advice'
- 18 Hero Buys Everyone'sWearing On The FROW
- 22 The New Power Suit Hits The High Street
- 29 The New Selfie Craze That Will Change Your Life
- 32 Real Life: 'My Family And I Sail The Med Saving Refugees'
- 70 The Hottest Looks. The Best New Trends, The Coolest Street Style
- 95 Puppy Flicks Are Go! The EyelinerTrend Storming The Catwalk

News & features

- 27 Gavin Who? Check Out Gwen's Hot New Guy
- 31 Calvin To Rita: 'Move On And Stop Talking About Me'
- **35** Love Lives
- 43 The Crime Against Women Still Not Being Taken Seriously
- 48 Celeb Interview:









- 4 I'm Loving
- 8 **Fashion Moment**
- 39 Look What I'm Wearing

Very.

co.uk £25

Marks & Spencer

£35

- 58 High Street Hottest
- 90 High Street Catwalk: Workwear To Show Who's Boss!

Beauty

96 Beauty Eds' Fashion Month Survival Kits

103 Best Body

Every week

86 Win Tickets To The Premiere Of *The Intern*!

101 Win A £500 Shopping Spree At Miss Selfridge

104 Trending Now

106 Look What A Week!



Stay in touch...













Check out my hot picks of the week and let me know what's on your wish list on Twitter, @MissAliHall



Massimo Dutti's FROW-Worthy Range When it comes

to high-end high street, Massimo Dutti is top of my hit list. The chic Spanish label always strikes the perfect balance between on trend and timeless, so you can nail your newseason wardrobe in one shop. Autumn's pieces are amazing -I'll be wearing the swishy tasselled skirt to Fashion Week. My tip? Invest in the outerwear now and you'll be seriously smug when it's really chilly!







Fiorelli's New Statement Bags

London designer Marios Schwab has hooked up with one of my bag faves, Fiorelli, to create an affordable collection with a catwalk feel. Shoppers and shoulder bags in plush snakeskin finishes come in rich autumnal shades – many adorned with nautical charms. The red patchwork number is my fave – big enough for everything apart from the kitchen sink, but still super chic.





Ultimate

BLENDED WITH ROYAL JELLY HONEY AND PROPOLIS

Our Honey Treasures collection for damaged hair that feels strengthened





Georgia May Jagger's Mulberry Collection

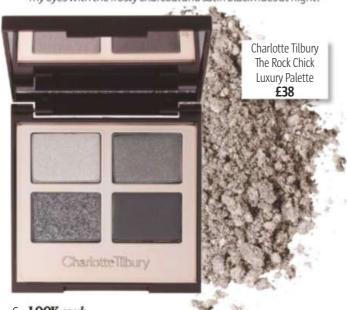
She's the current face of Mulberry, and now Georgia May Jagger has created a range for the iconic British label. London Cool features a very luxe leather jacket – it can be personalised with your initials or illustrations of a fox, bee or owl – two scarves and a biker-style pouch bag. From £95 to £995, there's a slice of supermodel style for everyone.





Smoky Eyes Made Easy
One of my all-time favourite beauty gurus is legendary

make-upartist Charlotte Tilbury. In homage to the lovely lady, I'll be wearing The Rock Chick Luxury Palette, £38, non-stop this season. It's got all my bases covered; I stick to the two top muted grey shades for daytime and then amp up my eyes with the frosty charcoal and satin black hues at night.





Jenny sweetnam.com £220





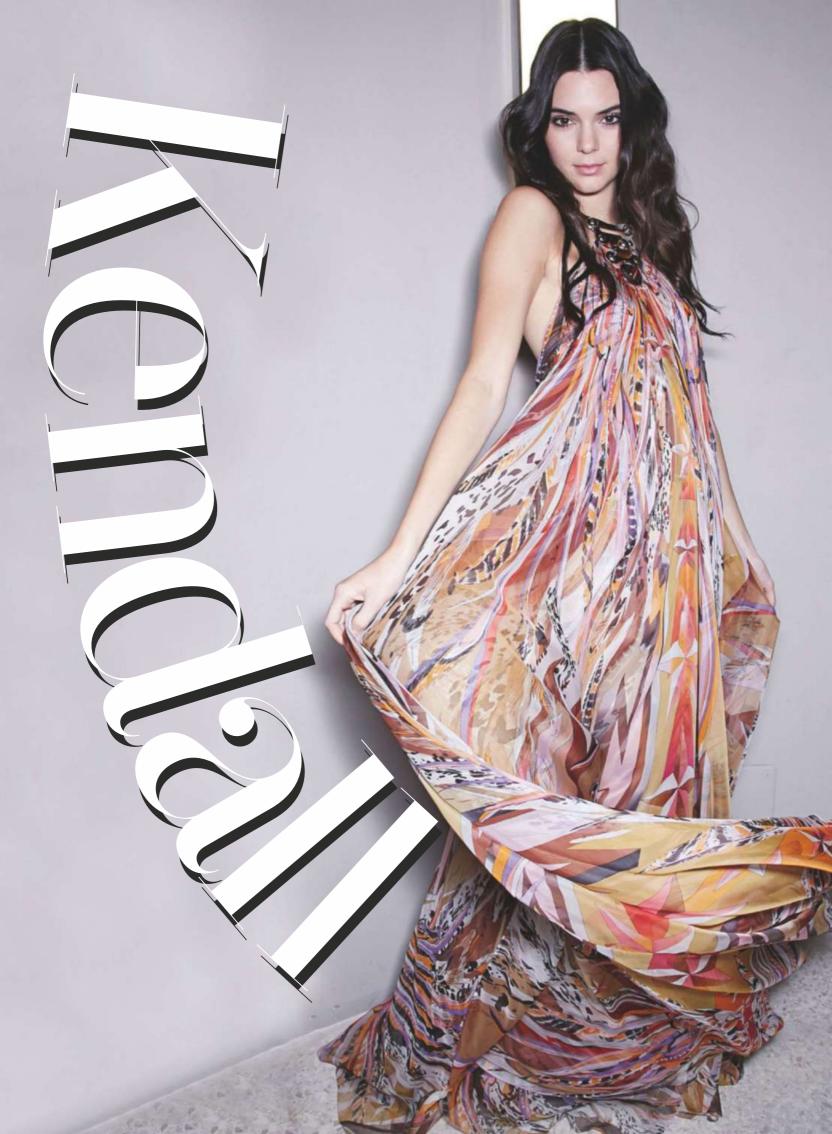
The smile, the ballgown skirt, the lace – Kristen, is that really you?





Brought to you by the style gurus at **LOOK**





Dad's Always Asking Me For Fashion Advice

Kendall Jenner has the biggest names in fashion dressing her. And now the reality TV star-turned-supermodel is adding another string to her bow – as her dad Caitlyn's stylist!

hile ruling catwalks during this Fashion Month, the seriously in-demand Kendall Jenner,19, will ensure

she keeps in contact with one person: her dad, Caitlyn. And not just for a family catch-up, but to ensure Caitlyn remains top of her style game as she continues her transition.

'When it comes to style, there's no one's opinion Caitlyn respects more,' reveals our source. 'And as she embraces the next chapter of her life – with all eyes on her – she knows Kendall is the person to help.'

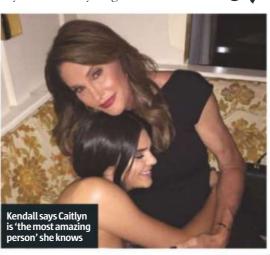
Insiders tell us that during Kendall's rapid ascent up the ranks of the fashion industry, she's built a strong relationship with experts – from top designers to models and make-up artists – who are willing to help her out when asked. No wonder Caitlyn's called Kendall her 'unofficial stylist'.

'It's unbelievable how many people are laying claims to Caitlyn's style when the only person she listens to is someone who doesn't brag about it – Kendall, 'a family friend tells us. 'Caitlyn's finest fashion moments, including when she gave an impassioned speech at the ESPY awards wearing a floor-length Atelier Versace dress [more of which later], have

happened because Kendall pulled a few strings.'

Both Kim and Khloé have claimed to be offering their stepdad fashion advice. 'I like these earth tones – so much better,' Kim said, inspecting Caitlyn's wardrobe for the first time on an episode of *I Am Cait*, but Kendall has remained silent on the matter. Something sources say is down to her 'naturally quiet and humble nature'.

After months of rumours, 17 million people viewed former Olympian, Bruce Jenner, 65, finally confirming he was undergoing a full gender transition in April this year. 'Yes, for all intents and purposes, I am a woman,' she admitted in a candid interview with Diane Sawyer. 'People look at me differently. They see me as a macho male, but my heart and my soul and everything that I do in life – that





female side is part of me, that's who I am.' After her brave admission, she's now considered the spokesperson for transgender people worldwide, and has had the loving support of all of her family, including Kendall.

'Kendall's still coming to terms with her dad's new public role,' an insider says. 'But she's so proud of her and thinks she's become a beautiful woman.' In the Keeping Up With The Kardashians: About Bruce special in May, Kendall broke down in tears as she spoke of her 'hero' father. 'He's the most amazing person I know,' she said. 'I couldn't ask for a better dad.' Since her transition, Caitlyn is referred to as 'she' by all of her daughters, but insists they all call her Dad.

Since Caitlyn debuted her glamorous new look on the cover of Vanity Fair

Kendall

begging Caitlyn to sit FROW at one

of her catwalk

hasbeen

shows for

months

in June, she has been stepping out in New York and LA looking supersophisticated. The Atelier Versace dress that she wore for her first public appearance to accept the prestigious Arthur Ashe Courage Award at the Excellence in Sports Performance Yearly Awards drew comparisons to Angelina Jolie. And

Caitlyn has admitted to admiring Angelina's style, saying: 'I love her look. Very casual, very elegant, chic.

However, while Angelina may have been the inspiration, Kendall was very much behind the outfit choice. 'Her "Angie" moment was down to Kendall making some calls and getting Donatella Versace to send Caitlyn some pieces,' an insider says. 'Kendall wants Caitlyn to feel confident and look her best.'

And we can see why Caitlyn has turned to her for style inspo. Not only is Kendall working it on the runway, but we're also crushing over her chic offduty style. 'I like to keep it simple and classy,' Kendall said in an interview last month when discussing her look. 'I like a whole Saint Laurent look. I'd call it cool.' It's this laid-back attitude to fashion that has had Caitlyn single out Kendall as her fashion muse above her sisters. 'Kendall's the most sophisticated dresser in the family,' an insider says. 'Caitlyn says you'd have to be insane not to take inspiration from her.

In a recent episode of IAm Cait, the E! show following Cait through her

transition, Caitlyn's views on style were made pretty clear when she shunned a sexy black bikini for a chic white one for her first outing in women's swimwear. 'I love my daughter Kimberly to death,' joked Caitlyn. 'But this is one that she would wear. It is probably a little bit revealing in the cleavage department.

And it's not just Caitlyn – all of Kendall's family are coming to her to sort their wardrobes. 'Now everyone goes to her for advice,' a pal tells us. 'Khloé, Kim and Kourtney have all been "Kendalled" - they love stealing her designer clothes, even any castoffs!" "The clothes swapping has caused a few arguments, though,' an insider says. 'There was a scarf that Kendall accidentally promised to both Kylie and Kim and all hell broke loose.'

> However, while Caitlyn truly values Kendall's fashion advice, the pair have also bonded over their shared experience as outsiders. Kendall may have navigated her way to supermodel stardom, but she's admitted the road getting there has

not been an easy one. 'You have no idea how many doors closed on me,' she said last year. 'Adults were either initially reluctant to take a chance working with me or laughed at me behind my back.

But like Caitlyn, she hasn't let fear of rejection stand in her way: 'My parents taught me that [a good] work ethic is one of the most important keys in life.

During AW15 Fashion Month, 14 top designers cast her. And we cannot wait to see her sporting the SS16 looks this season too. And while she's striking out on her own as a catwalk model, wanting to be known for more than her KUWTK credentials, there is one person she is reportedly itching to have by her side.

'She's been begging Caitlyn to sit FROW at one of her shows for months now. She even says she'd be so proud to walk the catwalk with her dad,' a source tells us. 'Except Caitlyn would totally outshine her with those legs!' Coolest catwalk collaboration ever? Definitely.

How Kendall's Influenced Caitlyn's Closet When it comes to style it's like father, like daughter...



◀ Shirt And Skinnies Combo

This summer, the pair both stepped out in high-waisted skinnies with white blouses tucked in. Kendall kept it model off-duty cool in 7 For All Mankinds with a B-Low belt and tan ankle boots. A few weeks later. Caitlyn followed her lead, nailing the smart/ casual look while out and about in Malibu.

Leopard-Print Dresses

They both love to make a statement, too. The 19-year-old supermodel shows how to work a bodycon leopard-print dress, with a pair of black ankle boots. Similarly, Caitlyn was spotted stepping out in New York this summer in a figure-hugging number by DVF.

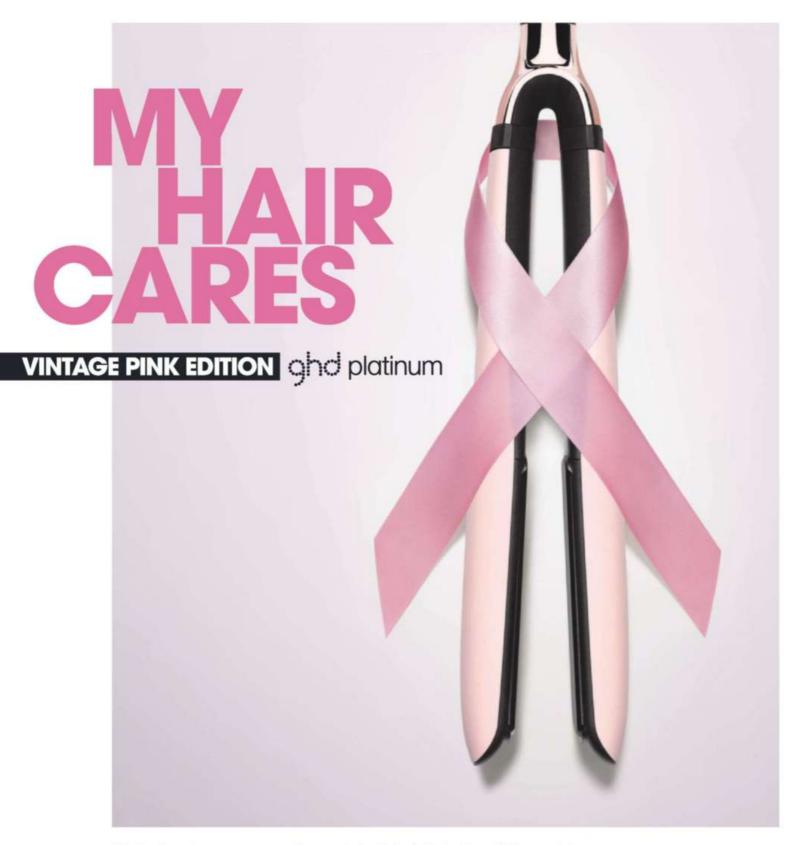


White

While many tend to avoid white for a big event (vino stains are never a good look), these two are big fans. Caitlyn stunned in an Atelier Versace dress at the ESPY awards in July. And earlier that month, Kendall was spotted leaving Chanel's AW15 couture show in a white Elisabetta Franchi jumpsuit.

Tap For More Keep up to date with I Am Cait at Look.co.uk/fashion/i-am-cait





This October, show you care every time you style with the limited edition ghd vintage pink platinum styler. Every sale contributes £10 to Breast Cancer Now* or the Irish Cancer Society** and adds to the £9 million we've donated so far. The ghd platinum styler is part of the vintage pink range, available in the finest salons, premium retail stores and ghdhair.com #VintagePink







Queen Of The Catwalk

Since her New York Fashion Week debut for Marc Jacobs' AW14 collection, Kendall has since walked for all the big names, including Chanel, Givenchy, Dolce & Gabbana, Balmain, Oscar De La Renta, Diane Von Furstenberg and Vera Wang.

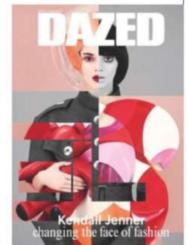
■Boosting The Brand

When Estée Lauder signed Kendall up to become its prestigious global face in November last year, the brand's Instagram following went up by 50,000 in just three days. Other brands clambering over themselves to sign her up for their campaigns include Calvin Klein and Fendi.



▼ Grand Praise

Fashion bible Dazed put Kendall on its 2014 winter issue cover. It was filled with praise from fashion's biggest names, 'We're good partners in crime,' said super-stylist Katie Grand, while Marc Jacobs said: 'She has character and personality.



▼Sitting FROW With Anna

Before Kim snagged her now infamous Vogue cover, Kendall sat front row alongside the world-renowned editor, Anna Wintour, at Topshop Unique AW14. She then went on to be personally summoned by Anna for a surprise appearance at the 2015 Tony Awards.



▲Fashion's Biggest Plavers Love Her

From Karl Lagerfeld branding her the 'girl of the moment' to being chosen personally by Balmain's Olivier Rousteing to launch the brand's first-ever collaboration with H&M (with him describing her as iconic), Kendall has friends in very high places.



Model Mates

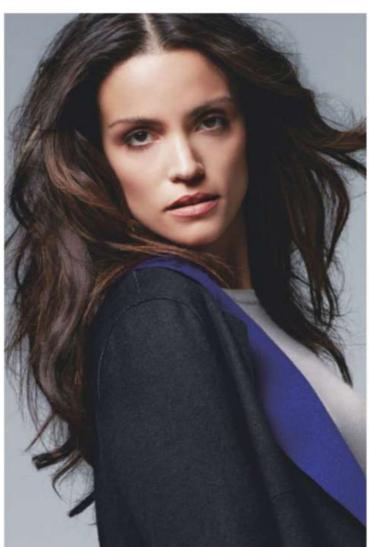
Cara, the Hadid sisters... Kendall's supermodel girl squad leaves much to be envied. Her Instagram is full of candid snaps of her and her girl mates, from heading to Glastonbury with Cara to partying in New York.



Dubbed the leader of the 'social media modelling' movement, Kendall is the second-most googled model in the world (behind Kate Upton) and is the most-followed model on Facebook and Instagram. She also made it into Models.com's Top 50 list last November - after walking just four shows!







THEARTOF AUTUMNIA

The new icons of the season. Simple, streamlined and effortlessly chic.

ONLY M&S

LOOK What's New

YOUT FAST Track To LFW C From a hot cover-up to a new model, as the London shows kick off, we reveal what's set to



LFW COOL BUYS



Wear-Everywhere WhitePolos

Meet the wardrobe staple every stylista will be relying on this season...

If you buy one thing this week, make it a white polo neck. As the fash pack prove, it's the ultimate styling tool – slip it under dresses, dungas, a sleeveless jacket...the outfit options are endless.





Cost-Free FROW Fix:Scarf Robing

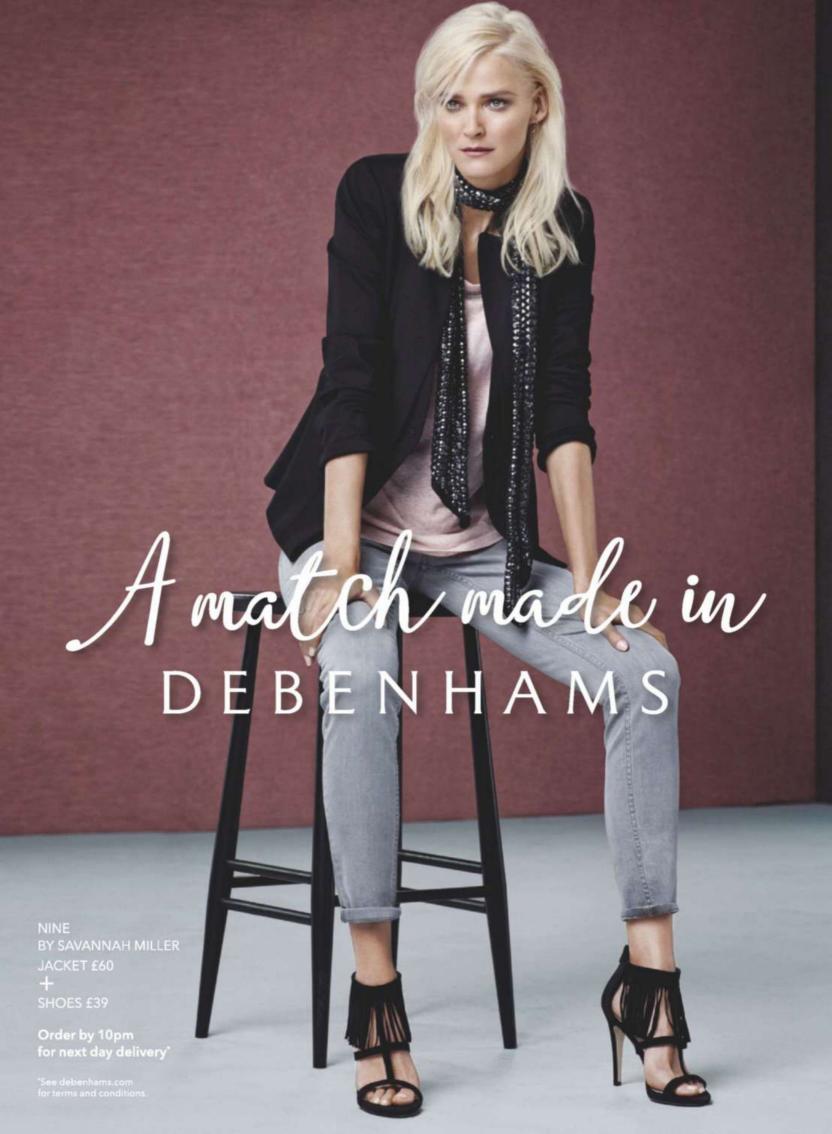
The humble scarf has just been elevated to statement-making heights

Shoulder robing – hanging your coat from your shoulders – had a mega moment in the spotlight a few seasons ago, but now it's all about draping your scarf over one shoulder. Work it with everything from silky to woolly styles, and be sure to pin it in place to avoid slippage!





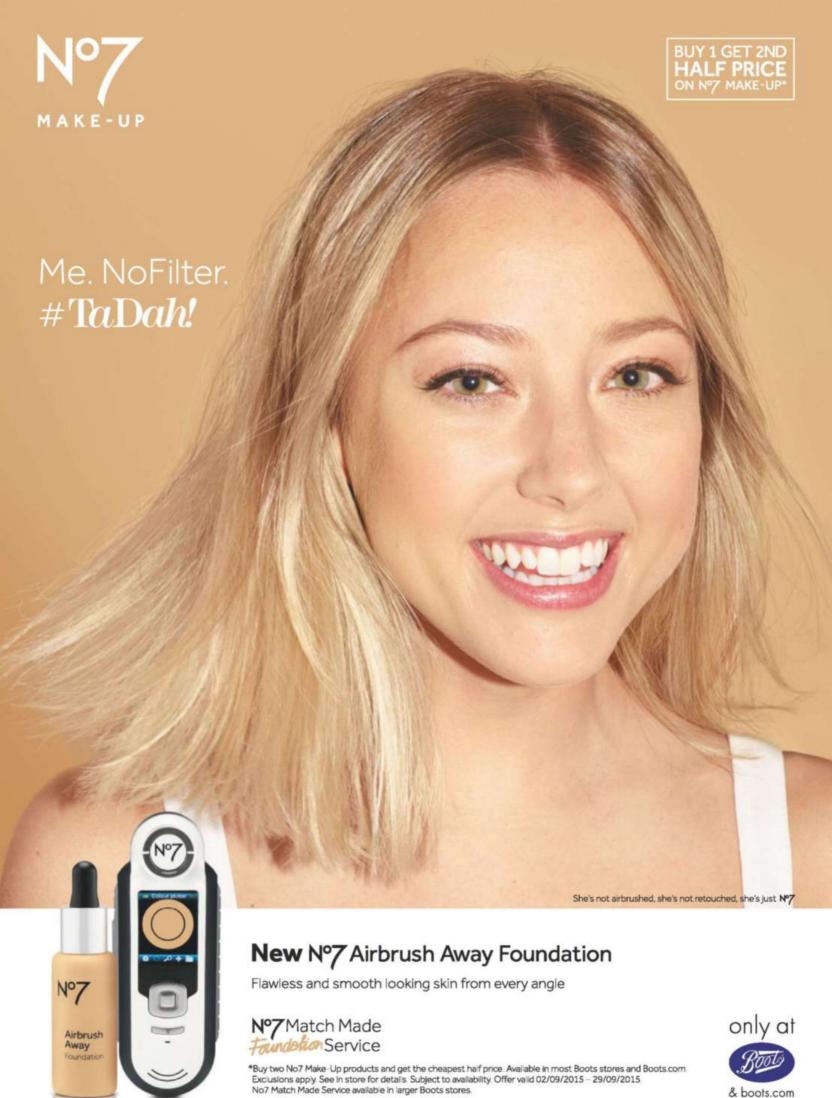




WORDS: HANNAH BANKS-WALKER, GEMMA YATES, ISOBEL DRUMMOND PHOTOS: REX FEATURES, GETTY IMAGES, GORUNWAY COM, VANESSA JACKMAN, ELLA RICHARDS/INSTAGRAM FOR STOCKISTS, GO TO LOOK. CO. UK/STOCKISTS









t's only a month since Gwen announced her shock split from her husband of 13 years, Gavin Rossdale, but US reports suggest she's found romance already. The No Doubt star has apparently been seeking solace in country singer Blake Shelton. 'They're trying to keep it on the down-low,' an insider

says. 'But their chemistry is so obvious. They're so into each other.'

Gwen, 45, and Blake, 39, who are coaches on the US version of *The Voice*, of Gwen both announced

splits from their partners within a month of each other. Gwen called it quits with Gavin in August, while Blake separated from country singer Miranda Lambert, 31, in July after four years of marriage.

'Blake saw the fact that [Gwen] was single too as fate,' reveals our source. 'The timing was too perfect to ignore.'

During their break-ups, both Blake and Gwen were rocked by reports that their spouses had been unfaithful, something our insiders say the pair bonded over. However, there's been no proof of the allegations.

'Gwen suffered self-esteem issues after hearing rumours about Gavin's flirting,' a source says. 'But Blake's

made her feel secure

Blake loves again. He compliments her all the time.'
Sassy blondes.
He's so in awe

Sassy blondes.
He's so in awe

Sassy blondes.

Gwen. 'Ilove her,' he said in an interview with Country Music Television. Treally do. I like working with her.

We've had a ton of fun.'

'Blake loves sassy blondes and Gwen definitely fits the bill,' our source says. 'He's totally in awe of her.'

'It's early days,' another insider adds. 'But Gwen's been bowled over by Blake. She's enjoying spending as much time with him as possible.'

Is a duet on the cards? We hope so!

Who Is Blake Shelton?

He's huge in the US, but relatively unknown over here. Look investigates Gwen's new man...

● Blake was born in Oklahoma in 1976, but moved to Nashville when he was 17 years old to become a country-music songwriter.

• He's produced 17 US No 1 singles. \bullet In 2014, he was named one of *People*

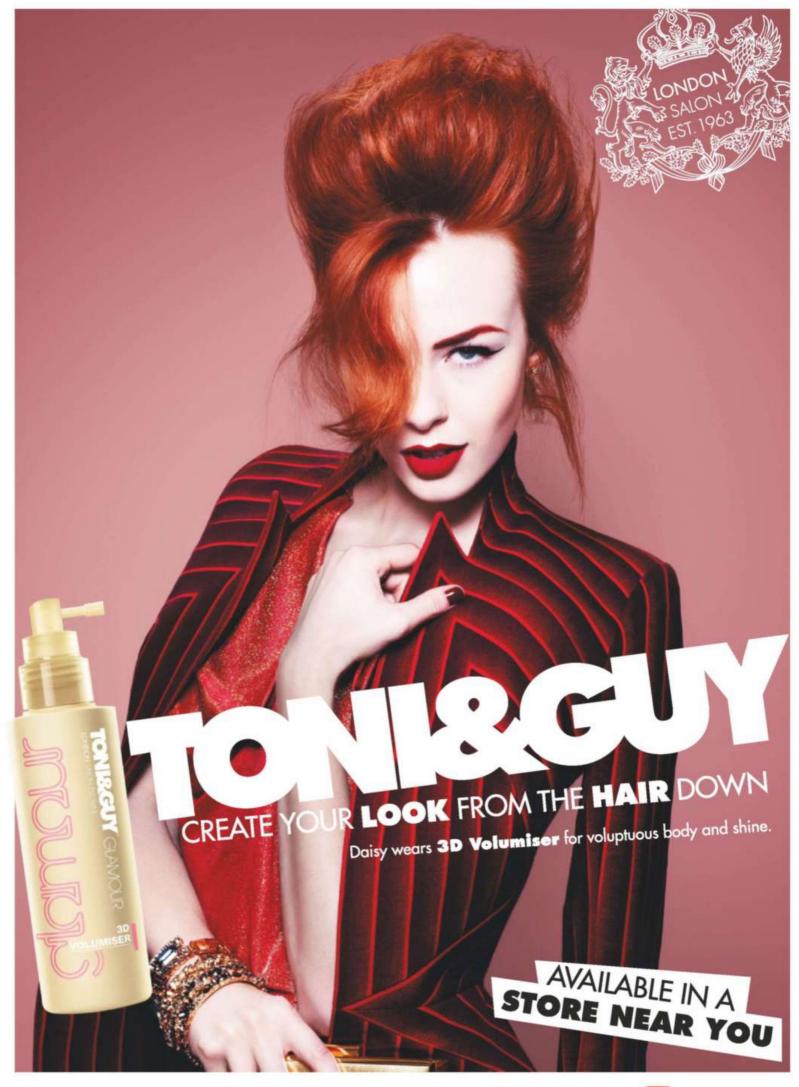
magazine's Sexiest Men Alive.

• He was married to his road manager, Kaynette Williams, for three years, before meeting fellow country singer Miranda Lambertin 2005.

• He and Miranda tied the knot in 2011 after six years of dating.

 This year, Blake and Miranda were named the third highest paid celeb couple according to Forbes, with a combined net worth of \$57m, coming in behind Jay-Z and Beyoncé, who were second, and Taylor Swift and Calvin Harris (first).





#DivorceSelfies How Couples Are Using Social Media To Get Over Break-Ups

It's the hashtag everyone's talking about but, as Look reveals, this trend could mend a broken heart

t may not be the first thing that comes to mind after signing your divorce papers, but for an increasing number of couples, posing with an ex-partner for a #divorceselfie isn't such a crazy idea. In fact, turning a painful life event into a positive statement to share with your family and friends is something to celebrate.

The trend kicked off when Canadian couple Shannon and Chris Neuman confirmed the end of their 11-year marriage with a selfie on the steps of the courthouse in Calgary, Canada, captioned: 'Here's Chris Neuman and I yesterday after filing for divorce! But we're smiling?! Yep, we're kooky like that.'

In just a few days, their photo had racked up over 36,000 shares on Facebook. Some 48 hours later, #divorceselfie went global. Author and relationship expert Judi James reckons the trend could be beneficial.

'We live in a hugely selfieobsessed society where almost anything goes,' she says. 'The selfie has moved from being a temporary vanity self-portrait to the way we record all events and occurrences in our lives.'

'By using this medium to mark it, we are possibly placing a tragic event [divorce] into the context of other, lighter events and therefore diminishing any fear and pain we might be experiencing,' Judi adds. 'It could tell us that the divorce is manageable and even something to laugh about in between the anger and tears.'

The recent figures from the Office for National Statistics reveal divorce is hardly a rare occurrence. In fact, it's estimated that 42 per cent of all marriages in England and Wales end in divorce. That's a whole lot more #divorceselfies to go viral...



'It's A Liberating Experience'

Brooke Bearden, 26, posted a #divorceselfie earlier this month with her ex-husband Helmut

'I came across an article about divorce selfies online. While my ex-husband Helmut and I were sitting in the lawyer's office in Alabama for the final signing of our agreement, we were joking about the lawyer's creepy dried-out fish. Later, I mentioned the trend to him and he said: "Oh, we are so getting a divorce selfie. Can the fish be in it, too?"

We'd been married for seven years. I was happy to commemorate the day and have a reminder that even though it was a tough decision to make, we were happy about it and it was the best choice for our six-year-old son. He thinks the photo is funny, and I'm hoping that when he gets older it'll mean something more to him.

I shared the picture on social media so that I would always have a yearly reminder, and as a way of saying thank you to my ex-husband. Plus, it was so much easier than calling everyone!'





Umberto Giannini



3 for 2 on selected Umberto Giannini Order by 8pm and collect for free tomorrow from midday.





Calvin To Rita: 'Move On & Stop Talking About Me'

She seems to blame him for the split and doesn't care who knows. Will these former love birds ever make peace?

ita Ora and Calvin Harris may have split last year, but the XFactor judge isn't showing any signs of letting go just yet. In a recent interview, she has vet again spoken out about their ten-month relationship, hinting that their break-up was bis fault. 'There was a reason why I split up with [Calvin], Rita, 24, said. 'It was more of a thing where I was in awe. I was at that point in my relationship where I felt he could do no wrong. I thought he had my back and that he'd never steer me wrong. But then I Will Never Let You Down came out and everything started to go a bit weird.' Not the most revealing quote, but Calvin is said to be furious, especially as it's rocking the boat with his new girlfriend, Taylor Swift.

'Every time Rita opens her mouth, it causes trouble between Calvin and Taylor,' our source reveals. 'Taylor's a real girls' girl, and she worries Calvin must have behaved badly towards Rita for her to still be upset by it.'

'Rita feels really hurt by Calvin,' another insider tells *Look*. 'She finds talking about it therapeutic.'

Calvin's been with Taylor, 25, since March, and as *Look* reported, Rita's been dating rapper Wiz Khalifa since her split from Ricky Hilfiger in July.

Last month, Calvin gushed about how 'insanely happy' he was with the *Bad Blood* singer, and our insiders say Calvin has spent months proving he's nothing like Taylor's exes, and is totally devoted to her. So he's had enough of Rita seemingly bad-mouthing him.

'He texted Rita to ask her to stop talking about him and have some respect,' another source adds.

'Rita is ignoring him,' our source adds. 'She believes in freedom of speech, and is determined to talk about who she wants, when she wants, no matter what Calvin thinks.'



Rita & Calvin's Very Public Spats

• Rita Ora claimed that Calvin blocked her from performing their hit / Will Never Let You Down at the Teen Choice Awards

last year. 'I could have got told a few weeks earlier,' she said.

● 'You'll only know 1 side of the

of my personal life. But just know I had a damn good reason.'

• 'There was a reason why I split up with him,' Rita revealed last month. 'I don't have to explain myself to anybody.'

story RE Teen Choice awards, 'Calvin tweeted in response to Rita's

rant. 'Because I choose not to talk to the papers about every aspect

You act so innocent now,...but you lied so





or many of us, the shocking images and stories of the current refugee crisis are the first time the struggle and heartbreak really hit home. But not for Maria Luisa Catrambone, 19, who has devoted the last year to saving the lives of hundreds of people.

Along with her parents, Regina and Christopher, Maria takes to the Mediterranean sea on three-month long rescue missions aboard the family boat, rescuing refugees crossing the oceans on their treacherous journeys to a better life. Two years ago, Maria Luisa Catrambone's family set sail to rescue refugees at sea. Now their mission is more important than ever...

The humanitarian operation, known as MOAS (Migrant Offshore Aid Station) was set up in 2013, after 400 migrants drowned near the Italian island of Lampedusa. The tragedy, which happened after the government's own search and rescue ships were removed from the seas, touched the family so much that they decided to invest millions of their own money (made through a number of business ventures) building their own dedicated boat. 'It makes you think: "Look at me cruising out here on my boat, at the same time people are out there dying," Maria's dad said of the deaths, which

occurred while he was aboard his own luxury yacht. He swiftly bought a suitable vessel and began renovating it into the ship the organisation sails on today, now known as The Phoenix.

The family, who are based in Malta for most of the year, are now on their second mission, after rescuing 3,000 lives in 2014. They are hoping to save even more this year.

When Maria first showed interest in helping out her parents, they were reluctant to have her on board. They were understandably protective - and Maria had to convince them to let her defer university and help out. When

Maria (right) and her family have saved over 3,000 lives so far by patrolling the Mediterranean in their boat



her mum warned her of the grief and the trauma she would witness on the water, the teenager heroically replied: 'Mum, you don't know me as well as I know myself. I know that this is what I want to do.'

Now daily life sees Maria out at sea in the hope of helping people establish a new life in Europe, free from fear. The boat is equipped with a medical clinic, 1,000 litres of water, hundreds of life jackets and food. Working with the family is a crew of 20, including doctors, paramedics and a cook.

Tragically, they can't reach everyone. For many desperate men, women and children, their journey to freedom is too often cut short in the central Mediterranean Sea where the family patrol. According to the International

66 I found myself. Helping people is what Iwas born to do

Organisation for Migration, so far in 2015 more than 2,600 refugees are known to have died trying to cross to reach safety in Europe.

How does she cope with what she sees? 'The first time I was like: "Oh my God. I've never seen so much pain in someone's expression before," she says. However, a crucial part of her job is keeping her emotions well hidden. 'I always keep it in,' she admits, before revealing she still finds it hard to process the stories she hears.

Aboard The Phoenix, human suffering is all too real, but for Maria, she couldn't be doing anything else. 'I found myself,' she says. 'Helping people is what I was born to do.' ■ To donate to MOAS. visit their

website, Moas.eu.

Tve Teamed Up With My Best Friends To Show Calais We Care'





The shocking stories of the refugees inspired media officer Rosie Stewart, 33, and her friends Nic Jones, 33, and Joey Green, 28, to raise money and collect donations

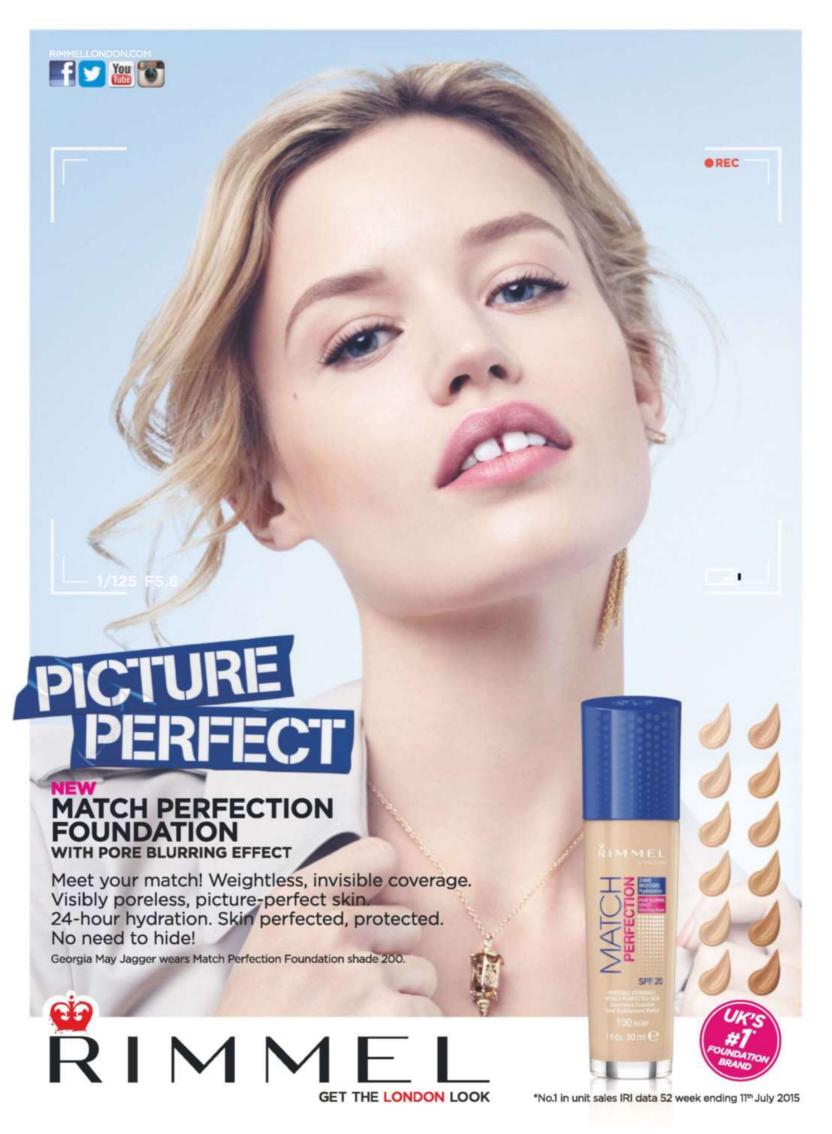
'These people are just like you and me – they have the same wants and needs, and they deserve our humanity, not our scorn.

That's why we set up our campaign #ToCalaisWithLove, asking people to donate food and equipment. We've been spending our lunchtimes and evenings collecting supplies and filling up our flats with everyone's kind donations. We've also spread the message via social media and set up a JustGiving page for people to donate moneywe've raised £3,500 so far, and hope to raise £5.000 by the time we leave.

But we've also been collecting messages of love and support, written in cards, that we will deliver once we arrive. We're just some of many people going over to Calais and trying to help.

We felt we should show that people in the UK do care, despite what the politicians may say? Rosie, Joey and Nic leave for Calais in October - visit https:// crowdfunding.justgiving.com/ tocalaiswithlove.











Fast Work!

Jessica

Raine & Tom Goodman-

The TV stars have wed just

their engagement. Call The

has been with Mr Selfridge

actor Tom, 47, for five years

weeks after announcing

Midwife star Jessica, 31,

after meeting during a

theatre production. The

about marriage - Tom

actress supposedly said in

2013 she wasn't bothered

must've changed her mind!

It's A Girl!

Fearne Cotton & Jesse Wood

Fearne, 34, has given birth to a baby girl called Honey Krissy, named after her husband Jesse's late mother Krissy Findlay. Fearne and Jesse, 38, shared the news on Twitter, saying they were 'over the moon and buzzing with love'. Aw!

Red-Carpet Romance

▼Johnny Depp & Amber Heard

Putting paid to rumours they 're splitting, Johnny, 52, and Amber, 29, were the picture of romance at the Venice Film Festival. The pair secretly wed in February, after Johnny was said to have named a beach on his private island after her. Most romantic gesture ever?





▲ Eddie Redmayne & Hannah Bagshawe

The Danish Girl star attended the unveiling of his newest film, in which he plays a man transitioning into a woman, with his spouse in tow. Eddie, 33, didn't leave his 33-year-old wife's side as they posed in front of the cameras.

WORDS: KATHRYN KNIGHT PHOTOS: SPLASHNEWS.COM, JOHNNYWJIEK,JINSTAGRAM, TOM GO GEITY IMAGES, WIREIMAGE.COM, REX FEATURES, TANYA, BURRY INSTAGRAM, DOMINIQUE BADRE

Tap For More
Take a peek at more hot A-list couples at Look.co.uk/celebcouples

LOOK





Now you can

have sensitive tooth care and whiter teeth.*



Sensodyne True White cares for sensitive teeth and is 10x less abrasive than many everyday whitening toothpastes.

What The Bloggers Rock On The FROW

The London Fashion Week fash pack shows us how to dress for the shows... Upload your pics at Look.co.uk/street-style





ColourBlock

'Season after season, we stick to wardrobe classics to hit the shows and, this year, it's all about updating our staples with an autumnal colour palette. It's no secret that we love a statement shoe, and these Faith snakeskin boots will be the perfect show-to-party heel.' Philippa and Sarah, Wearetwinset.com

Philippa (left) wears: Top, **Topshop** Trousers, **Zara** Boots, **Faith at Debenhams** Bag, **Accessorize**

Sarah (right) wears: Top, **COS** Trousers and bag, both **Zara** Boots, as before



Shades 'Fashion Week is one of the few times I feel confident playing with prints and colours, so this jumpsuit is a winner. I normally go for muted and minimal palettes, but seeing Jacket, **Dimitri** so many stylish people brings out **Finders Keepers** my creativity.' Shoes, Zara Bag, **Givenchy** Jewellery, **Nialaya** Doina, Thegolden diamonds.com

Slogan Tee

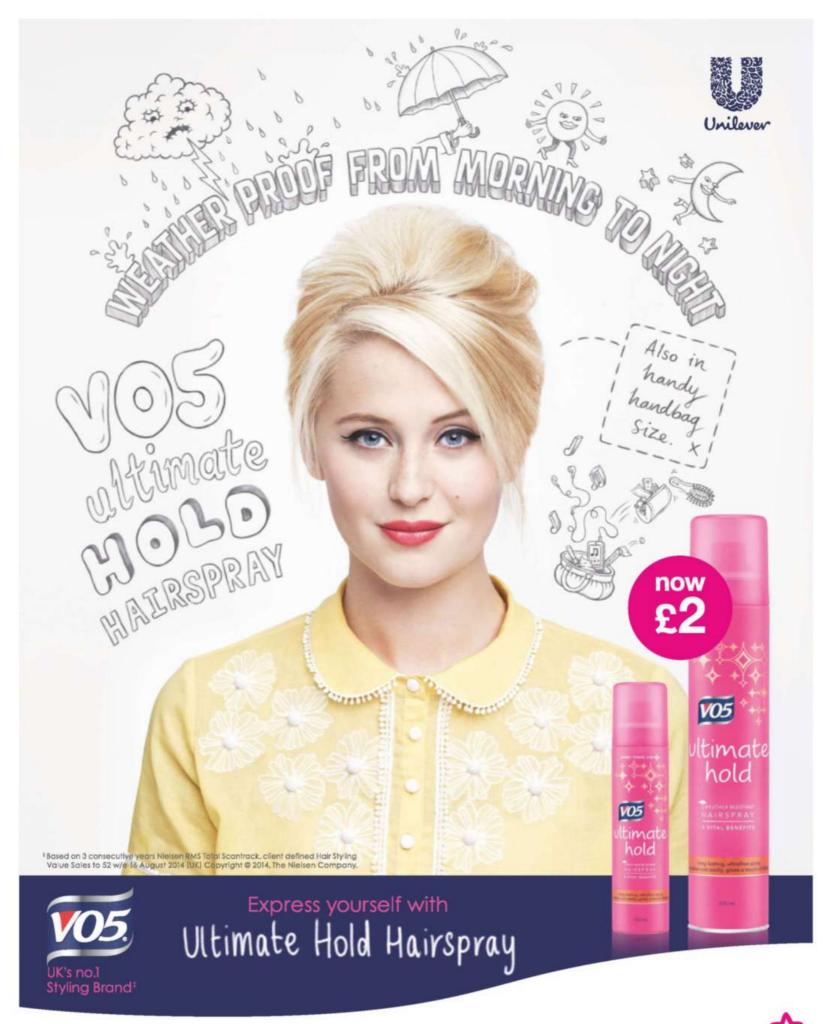
'I love the magic of London Fashion Week, and viewing the new collections is always a really great source of inspiration for when I'm compiling my tour wardrobe. Sometimes, the looks aren't necessarily what I would wear as part of my dayto-day wardrobe but, thankfully, you can get away with a lot more on stage.' Gabrielle, Gabrielle aplin.co.uk



Statement Skinnies

'My top tip for surviving Fashion Week is taking regular tea breaks (yup, you heard me – tea, not coffee!) to rest the feet and touch up make-up. It's also the perfect chance to catch up with the familiar fashion crowd and meet the new kids on the style circuit.' Donja, Doniaz.nl





superdrug.com







You said you:

Preferred ours to the brand.*



#LidlSurprises

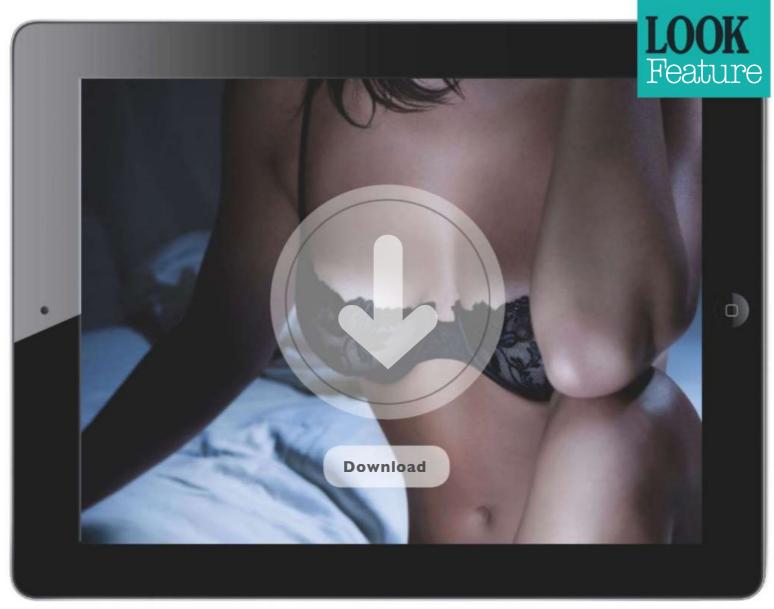




Based on lowest competitor prices on www.mysupermarket.co.uk and Lidl price on 08/09/2015. Prices correct at time of going to print.

*Based on independent testing conducted in April-July 2015, each product pair tested in excess of 400 times.

See www.shopalidlsmarter.co.uk for more details. Subject to availability. Terms and conditions apply. Multibuys not included. Packaging, sizes & measurements may vary. Tower Gate Half Coated Chocolate Chunk Cookies, 200g, 99p (49.5p/100g) vs Fox's Chunkie Cookies Extremely Chocolatey, 175g, £1 (57.1p/100g).



The Crime Against Women Still Not Being Taken Seriously

As the first prosecutions for revenge-porn cases come through without prison sentences, Look investigates whether the new law already needs updating...

magine knowing there were strangers – hundreds of them – looking at your naked body. Using it for their own pleasure, gawping at it, getting off on it... They don't have your permission, but still, they are using you and your body for their own needs, and every day more begin to do so, and you're powerless to stop them. The thought of it makes your skin crawl, but this is a reality for thousands of women who have become victims of revenge

porn – the sharing of sexually explicit videos or photographs of you without your consent. In the UK there have been 139 reported cases in the last six months, with experts saying there are many more victims staying silent.

Until very recently, revenge porn wasn't even illegal. But thanks to tireless campaigning from victims and dedicated charities, in April this year a new law was put in place making it a crime that carries a punishment of up to two years in prison. However, this

month, the sentences for the first prosecutions were handed down, with just three of the nine perpetrators being jailed, all with minimum or suspended sentences. Others are getting away with small fines.

Campaigners and victims are, understandably, saying this just isn't enough, considering the gravity of the offence. 'I cannot state strongly enough how serious a crime this is,' says Laura Higgins, founder of the first and only dedicated revenge-porn



LOOKFeature



hotline. 'It's utterly devastating. We have clients who are suicidal, who have been fired from their job, whose marriages are breaking down. We even had one woman who had to leave her children behind. For some people it ruins their lives and it doesn't go away. People have their pictures posted hundreds of times, sometimes with their contact details, turning virtual abuse into reality.'

'It felt as though I'd been abused 30,000 times,' says Sophie*, whose photos were shared by an ex-boyfriend on Facebook before being picked up by a website dedicated to sharing revenge porn. 'The worst part was the sexual comments – I was called a "dirty b*tch" and other stuff.' Sophie's story is echoed by thousands of other victims, many of whom feel they were treated like the criminal rather than the innocent party.

Although the new legislation is helping matters by raising awareness of the crime, campaigners like Laura believe that more desperately needs to be done practically to help victims. 'The police have no training in dealing with cases like these,' she says. 'When we first opened the hotline, we had so many calls from victims who were treated terribly when reporting the crime. Now,

thankfully, it's getting better – especially now that it has been recognised and is being talked about so much. But more still needs to be done. We have received 19,000 calls since we launched in February. Proper training *needs* to be a priority.'

According to Laura, a lot of women don't actually want to take their cases to court. 'It's a long and lengthy process that involves them re-living the trauma all over again,' she says. 'The majority of the people we see simply want the content removed - and currently that can be difficult to do. We have good relationships with the internet providers, but dedicated revengeporn websites are not cooperative. One solution to this would be to make revenge porn a sexual offence - this would grant the victim automatic anonymity, meaning that their images could be taken down almost immediately. However, this is the law we have for now, and over the coming months we're hoping to see tougher sentences coming through the courts.'

Campaigners believe that support such as counselling, which the Revenge Porn Hotline currently doesn't have the resources to offer, could also be of huge help to victims. 'The good news is that revenge porn has been made a crime and the government is listening,' says Laura. 'It will take time, but slowly we are sending the message to perpetrators that this is not OK, and that they need to think about the consequences before pressing "send" in a fit of anger.'

■ What do you think? Are the new laws tough enough? Let us know on Twitter (@ Lookmagazine) or Facebook (Facebook.com/LOOKmag).

If You've Been A Victim...

● The Revenge Porn Hotline offers free, confidential advice. You can reach them on 0845 600 0459. It also works closely with a number of internet providers to help you take the images offline. You can also contact your local police station to report this as a crime. If you believe you are being harassed or stalked, get in touch with the National Stalking Helpline on 0808 802 0300.



'IFought Hard Not To Let This Ruin My Life'

Hazel Higgleton, 26, from Chelmsford, tells *Look* what she thinks about the lack of sentences for offenders

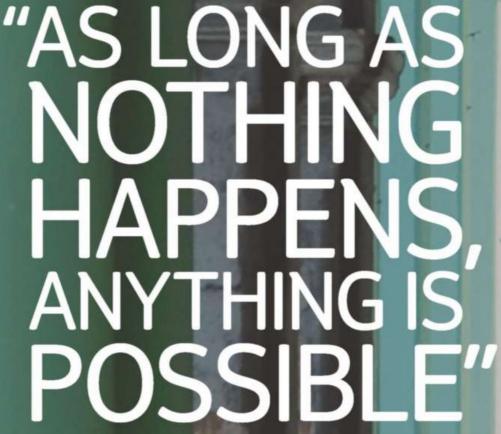
Then I was a victim of revenge porn, the police couldn't do anything. There were thousands of strangers viewing a sex tape of me on the internet and they couldn't even issue my ex with a caution. I'd made the tape ten months earlier, on my phone, when I was in a relationship with a man I trusted. I didn't know he had posted it—out of revenge for me breaking up with him—until I began receiving messages, many of them abusive and sexual, on my Facebook page. I couldn't feel angry or even sad. I was just so shocked. I wanted to scream at the men looking at it: "You're not allowed to watch this, my body isn't yours."

I went to the police but they said they could only act if my ex got in contact or began to harass me. I felt powerless, so I started to campaign. I went to the government, told my story and met other victims.

Although I'm delighted by the new law, Istill don't think enough is being done. Alot of the perpetrators are getting away with fines or suspended sentences. The law passed too late for me to prosecute, but I think my ex would have deserved the full sentence: two years. My life could have been ruined by this – it was a complete and utter sexual violation of my body. It stays with you – not just the emotional side and how hard it is to trust again, but the practical – there's always the niggling terror that the video could pop up again.

And sadly, there's still victim blaming. By giving these people shorter sentences, the message still isn't being sent that this is no one's fault but the person who posted the pictures. I think it's an issue that should be added to the sex-education curriculum in schools. Victim blaming has to stop, and the only way for this to happen is to give the perpetrators a punishment that truly reflects the horror of this crime'.





GRAHAM GREENE

Our Man in Havana had a point. They treat time differently in Cuba. It seems to simultaneously stand still and yet race at the speed of life. From the cool elegance of Spanish colonial architecture to the sass of a salsa club. This place dances to the beat of its very own drum. And now you can fly there direct, in our revolutionary new Dreamliner.

Cuba, brought to you by Thomson.



Instore | Online | App







on it. Please see our booking conditions for further information or for more information about financial protection and the ATOL Certificate go to: www.atol.org.uk/ATOLCertificate. Thomson is a trading name of TUI UK Limited ATOL 2524, ABTA V5126, a member of the TUI AG group of companies registered in England and Wales with number 2830117 and whose registered office is at TUI Travel House, Crawley Business Quarter, Fleming Way, Crawley, West Sussex, RH10 9QL.





Millie Mackintosh Interview

Millie, what's the best thing about having your own fashion line?

I feel super lucky as I get to design for myself and my friends, so it's really fun. London Fashion Week is coming up and in my head I've designed pieces that I want to wear to the shows.

Do your showbiz friends inspire you?

Definitely Gizzi Erskine. Rosie Fortescue as well. My friends all have different styles, and subconsciously you pick that up from being around them. **Talk us through the design process...**

I look on Pinterest at what the big trends are for the coming season.
Then I think about how I can make the line individual to me and my style.

If you rock a Millie Mackintosh piece on Instagram, is it an instant sellout?

Yes! I have to be careful not to wear stuff that's already sold out because then people will get annoyed. I love

l'm excited about Fashion Week. All I can think about is what to wear

it when people tag the pieces so I can see how they've styled it.

So what's your favourite piece from the new collection?

The suede dress [£145]. I'll wear it undone with flares and a pussy-bow blouse.

with flares and a puss

Millie's new book has loads of fitness tips...

The new line has lots of bold prints – what's your tip for wearing them? I like to take

a base colour from the print and use that as a guide for my shoes or bag.

Are you excited about Fashion Week?

Yes! All I can think about is what I'm going to wear.

Any designers you can't wait to see?

Felder Felder – they're so 70s –

and Julien Macdonald is always amazing. Which Millie pieces will we see you rocking on the FROW?

My leather leggings are a good essential, and definitely the black and white floral dress – it's really cute for a daytime show.

We know how crazy LFW can be. How do you chill out in between shows?

My friends and I will all go for lunch –you definitely need downtime.

Which new trends will you be working?

Monochrome is always a good basic trend. And I'm really into velvet, sequins and embellished pieces as it's getting into party season.

Which high-street hotspots are always on your shopping hit list?

Zara is great for basics. And I think Reformation is really cool. But when I'm too busy, there's always ASOS!

You've just released a book too, are you proud of *Made*?

So proud. I'm really happy with how it looks – I just stare at it! It's got beauty tips, make-up, hair and then exercises and nutrition. It's about a healthy way of life, not a diet. It's like, this is how I improved my life, it might work for you.

You've become a bit of a fitness poster girl recently, what's your latest workout craze?

I'm sticking to weight training at the moment. It is hard, you have to really get your head into it – listen to good music or pair up with a friend.

How often do you work out?

Four or five times a week. But I haven't done that consistently all summer! I had a holiday, relaxed and ate pasta.

What's your favourite exercise?

Is there any such thing? When I can do a pull-up, that will be my favourite thing. My worst? Any kind of lunge, they make me feel sick.

What's your go-to healthy meal? Probably steak, sweet potato,

greens and salsa verde.

And indulgent one?

Mac 'n' cheese. Or slow-roasted pork belly with truffle mash.

Do you feel pressure to look a certain way?

No, I work out because I enjoy it. It's good for me mentally—you have to think about something else. When you do an exercise like spinning or boxing, it releases so much tension. It helps me to balance out working really hard. It gives you so much positive energy.

■ Shop Millie's range at Milliemackintosh.com and ASOS.

Look's Top Picks From Millie's A/W Line

We're making space in our closets for these beauties













Tap For More

Check out Millie's gorgeous fashion file at Look.co.uk/milliefash

...plus heaps of styling advice







What The LOOK Team Wears To London Fashion Week

Who needs designer when there are these amazing high-street hero buys?



Ali Hall Editor

'Tackling Fashion Week means putting together a capsule wardrobe of elegant, stylish pieces that will see me through a mountain of events each day. I keep things classic, but with an added sprinkle of glamour, like leather, lace and leopard prints.'



Sweater, £39.99, **H&M** Skirt, £179, **Marks & Spencer** Boots, £189, Jones Bootmaker Bag, £129, Radley

Lucy Wood Head Of Fashion Content

'I like to tap into the biggest trends of the new season, but I have to take $into\,account\,my\,packed\,schedule$ of early-morning meetings, shows and dinners galore when picking my wardrobe. Boho dresses, 70s suede and luxe leathers make for my perfect Fashion Week formula.'









#SIMPLY BEUDE See more at SimplyBe.co.uk or shop in-store ORDER UP TO 8PM FOR NEXT DAY DELIVERY

FASHION WEEK



standout shapes with gorgeous separates is a fail-safe way to work a directional but wearable look. This season, I'll be working smart/casual by mixing slogan sweats and voluminous skirts.'



Boden £69





FASHION WEEK

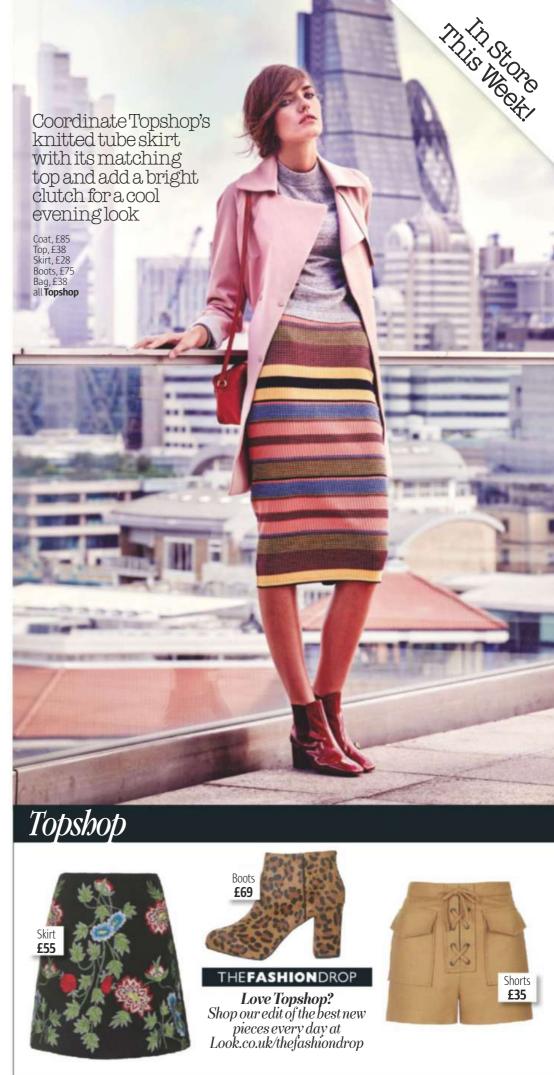


WORDS: AMY DE KLERK PHOTOS: GEORGIA DAVEY SMITH HAIR AND MAKE-UP: CARLY HOBBS AT CREATIVES USING CLOUD NINE AND YSL NAILS: LUCY SHARMAN USING JESSICA NAILS FOR STOCKISTS, GOTO LOOK CO.UK/STOCKISTS

















































VAGABOND

SHOEMAKERS

LONDON BERLIN STOCKHOLM PARIS COPENHAGEN MOSCOW MILAN

C No shearl autur

COSY SHEARLING

Not just for coats, don't you know. Super-warm shearling is catching up with faux fur as the ultimate autumn It' texture, and we've spotted it giving bags, tops and boots a cosy upgrade...









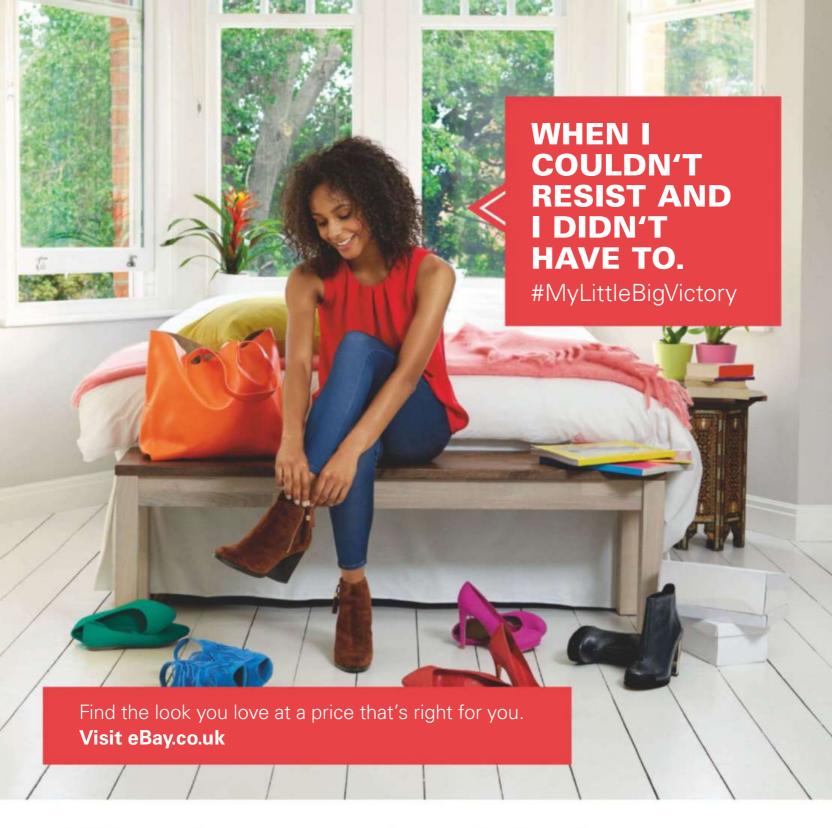






Top, £35, Marks & Spencer Dress, £169; shoes, £69, both Monsoon Necklace, £25, Freedom at Topshop Bag, £24, Very.co.uk Ring, £4.99, New Look







Dresses selling for £10.79



Shoes selling for £16.84



Bags selling for £22.71



Jewellery selling for £12.05









Coats selling for £23.73



Dresses selling for £10.79



Shoes selling for £16.84



Bags selling for £22.71









CHECK UP

The It' print right now? Checks, in all shapes and sizes. From wrap skirts to classic coats to tailored separates, it's time to get your grid on



LOOK Competition



You and a friend could walk the red carpet in London, just like the A-list...

ver dreamt of an A-list experience and getting to see one of the hottest new movies before everyone else? Yeah, you have! Well, this is your chance... We're giving four lucky *Look* readers, plus a friend, the chance to attend the European premiere of new hit movie The Intern starring Anne Hathaway and Robert De Niro.

Simply answer the question below and enter online for your chance to win one of four pairs of tickets to this money-can't-buy A-list event.

Anne Hathaway won her Best Supporting Oscar for which film?

(a) Interstellar (b) The Devil Wears Prada (c) Les Misérables



ENTER ONLINE FOR FREE Simply visit Look.co.uk/ competitions to enter this competition for free!

*Competition is open from 15 September 2015 until midnight on Tuesday 22 September 2015. For normal Time Inc. (LJK) Itd competition rules, see Comps.look.co.uk/rules







TERMS AND CONDITIONS: Winners must be available on Sunday 27 September 2015 to attend the premiere in Leicester Square, London. No transfer of the ticket to another the premiere of the ticket to another the premiere of the ticket to another the premiere of the premiere of the ticket to another the premiere of thperson can be made. In the event that a winner can't make the premiere, another person will be selected. Prize does not include travel expenses or accommodation ©2015 WARNER BROS. ENT. ALL RIGHTS RESERVED

GOTHIC GLAM McQueen and Giles enjoyed a dark, romantic love affair for AW15, sending gothic princesses down the runway. Lace high-neck blouses, dramatic dresses, glittering accessories and lashings of costume jewels will make you a Victoriana style icon in no time George at Asda £12 Coast £59 £19.99, **H&M** Layer this necklace under a white shirt collar and team with tailored trousers Ted Baker £160 Selfridge £49 Coast **£95 ASOS** £38 Dorothy Perkins £32

Marks & Spencer £45



THE **GENTLEWOMAN**

Androgynous tailoring has taken on a softer edge, with a more relaxed silhouette and feminine details. Here's how to wear this refined new look







Olf you don't want to ditch your girlie dresses, rock them with metallic brogues for an androgynous twist.

To work the trend for after hours, try M&S's Otrousers with a silky tee and pointed courts.







Challenge your partner to a game of mini golf ummer may officially be over, but instead of feeling glum, why not book a holiday for next year? As chillier days and darker nights approach, gear up for a relaxing Mediterranean cruise with your partner.

The Thomson Discovery is the latest addition to the fleet and boasts spacious cabins, breathtaking sea views and a rock-climbing wall. Amazing, right?

After an afternoon of swimming in the indoor (or outdoor) pool, cosy up in a hot tub or spend a romantic night at the outdoor cinema.

It might be hard to leave the ship with all this on offer, but there are up to five cities to visit for a spot of sightseeing and selfies galore. From Florence to Ibiza, in just seven days, you and your other half can visit five new places. And if you book this September, you'll get all of this plus a free all-inclusive drinks upgrade on any sailings next summer.

With a luxury spa and gourmet dining, Thomson Discovery is the perfect vacation for couples, friends and families alike.



Here Are Just Some Of The Destinations You Could Visit...

ROME: Nothing says culture like a visit to the Pantheon and the Colosseum, followed by fresh pasta and a glass of wine. Bellissimo! BARCELONA: Sun, sea and sights – Barcelona has it all. The bustling city is home to some of Gaudí's greats, as well as markets and plenty of beautiful leafy avenues. **IBIZA:** The White Isle is renowned for partying, but it also has some amazing nature spots and more than enough coastline to get your Instagram fix. **LISBON:** With its friendly atmosphere, everything feels local here. Hit the beach or admire the street art by the metro stations. **NAPLES:** It's all about pizza and pride in this city, which is a UNESCO World Heritage Site and has heaps of palatial pads that put Hollywood mansions to shame.



Workwear To Show



Top Of The Crops

Thanks to the orange hue and leather-look fabric, these culottes have been given an autumnal update. Wear with a navyjumper and yellow bag for a new spin on colour blocking.



Chic & Sleek

Reinvent the classic Breton top to help introduce a hint of Parisian chic into your working wardrobe. Why not layer it under a pinstriped suit for a double dose of stripy prints?



are a simple way to tap into this season's

on a new suit. Plus,

they're so versatile.

tailoring trend, without splurging

Autumn's officially arrived, so what better time to amp up your 9-5 wardrobe? Here's how...



bikerjacket totakethis

look straight through

towinter



Leather Love

Think you can't wear leather to work? Think again. When teamed with a fitted jacket and chic knitted top, this midi skirt is totally office appropriate and comes in black, too.



Borrowed From The Boys

Going for a tailored tomboy look? Try this grey all-in-one - the cropped, flared leg is right on trend for AW15. Just add embellished flats if you want to give it a girlier feel.

LOOK High-Street Catwalk

70s Sophistication

It looks as if the retro trend is here to stay, so why not get more out of your vintage-inspired buys and wear them to work, too? Dress up denim staples, such as this midi skirt, with a white shirt or a duster coat.





Pleats Please

Pleated dresses are everywhere right now, and we love this multi-coloured stripy number. For something a little more sophisticated, rework this look with tights and knee-high boots.













Beauty Flash

Beauty Editor Sam's news on all things gorgeous



Clinique
Sculptwear
Lift And
Contour
Serum
£46

Clinique Sonic System
Massaging Treatment
Applicator
£22

Estée Lauder New Dimension Expert Liquid Tape £46 Sam Trials The Trend

Illuminate With Chanel

Sweep this over your cheeks for a radiant

glow boost. It looks too pretty to use, but gives skin the perfect pickme-up when you do!

Chanel

Infiniment £42

Cat Eyes Are Out, Puppy Liner Is Here!

Could this be the new cat eye? Flip your flick upside down to create the trending eye look loved in Korea and spotted on the Marc By Marc Jacobs catwalk.

Sculpting Skincare

Meet the beauty trend that's about to explode. We've all tried sculpting with make-up, but did you know you could do it with your skincare, too? Well, that's exactly what Clinique and Estée Lauder have been working on for the last ten years. I've fallen for the Clinique Sculptwear Lift And Contour Serum, £46, which I massage on

with the Sonic System Massaging Treatment Applicator, £22. It pushes the product deeper into the skin and gives it a little workout as it buzzes. And Estée Lauder has released New Dimension Expert Liquid Tape, £46, a serum you apply to areas in need of a lift. It instantly feels like my skin is being pulled back with tape. Yes, really.

Hello, Wonder Oil!

Fine, thick, coloured, curly or straight—whatever your hair type, this Tresemmé Oleo Radiance Oil Elixir, £8.99, will work for you. Rub a few drops in while it's wet and dry as you normally would. My locks look ten times healthier, shinier and more silky.







Tap To Play Our Video

Watch our Beauty Assistant Gaby show you how to cover dark circles instantly. Just tap to play our video at Look.co.uk/hidedarkcircles

Beauty Ed's Fashion

Revealed! Look's beauty editor Sam Freedman talks you through the hero



1 Legology Exfo-Lite Stimulating Salts For Legs, £42 (for five sachets) 2 Otis Batterbee Eye Mask, £50 3 Aspinal Of London Passport Holder, £45 4 Vita Coco Coconut Oil, £9 5 Bobbi Brown Intensive Skin Serum Concealer, £28 6 Smythson Notebook, £45 7 Smashbox Camera Ready BB Water, £29 8 Bumble And Bumble Don't Blow It Hair Styler, £23 9 EOS Lip Balms, £6.50 each 10 Abundance & Health Altrient C Food Supplement, £29.95 (for 30 sachets) 11 Stila Huge Extreme Lash Mascara, £18 12 Marc Jacobs Decadence Eau De Parfum, £69 for 50ml 13 Maybelline Master Ink Eyeliner in Satin and Matte, £4.99 each

Month Survival Kits

buys from each Fashion Week city that you can finally buy here, too...







1 Chloé Eau De Toilette, £58 for 75ml 2 Guerlain Eau De Beauté Micellar Cleansing Water, £33.75 3 L'Occitane Bath Infusions, £15 (for a set of five) 4 Christophe Robin Regenerating Hair Lotion, £36 5 Smythson Notebook, £80 6 Kérastase Materialiste, £19.50 7 YSL La Laque Couture Nail Lacquer in Jaune Babouche, Bleu Majorelle and Vert D'Orient, £19 each 8 By Terry Light-Expert Click Brush Foundation, £48 9 How To Be A Parisian Book, £16.99 10 Vichy Aqualia Thermal Awakening Eye Balm, £15 11 French Sole Shoes, £180 12 Lancôme Ombre Hypnôse Stylo Eyeshadow Sticks, £20 each 13 Caudalie Resveratrol Face-Lifting Moisturiser SPF20, £39



1 Prada Candy Florale Eau De Toilette, £29 for 20ml 2 Davines Minu Hair Mask, £17.75 3 Diego Dalla Palma Illusion Eyeshadow, £17.65 4 Kiko Cosmetics Rebel Bouncy Blushes in Adorable Pink and Velvety Peach, £9.90 each 5 Santa Maria Novella Rose Water, £32 6 Mesauda Milano Top Model Matte Lipstick in Eva, £6.95 7 Smythson Notebook, £45 8 Collistar Glycolic Acid, £30.50 9 Gucci Face Golden Glow Bronzer, £39 10 Previa Volumizing Hairspray, £24 11 Handbag Butler Mighty Purse in Reptile Black, £80 12 Giorgio Armani Luminous Silk Compact Foundation, £36.50 13 Illesteva Sunglasses, stylist's own

LOOK Competition

Win A £500 Shopping Spree At Miss Selfridge

Five lucky winners will get the chance to splurge at the fab high-street store

ant to start the new season in style? Well, we're offering five lucky *Look* readers the chance to win a \$500 shopping spree at Miss Selfridge for the ultimate wardrobe update.

The new range includes a neutral palette of stone, grey marl and monochrome, played out across an array of staple pieces. Classic tailoring is key, with sleeveless jackets and timeless white shirts taking centre stage, while an amped-up LBD brings a touch of after-dark glamour. Hardware finishes and sharp skirts offset chic wrap-style coats and wide-legged trousers for a collection that effortlessly balances function, form and fashion.

And as if one competition wasn't enough, Miss Selfridge is also offering you the chance to win a \$500 gift card* and appear on the homepage of its website. Simply tag yourself wearing your fave Miss Selfridge outfit on Instagram or Twitter, with the hashtag #MissSelfie. The best photos will appear on the homepage and the top picture will win an amazing \$500. Good luck!

Mas Selfridge

TERMS AND CONDITIONS: Five winners will each receive £500 worth of Miss Selfridge clothing (in the form of gift cards) to be spent by the winner at any standalone Miss Selfridge store or at Missselfridge.com (department stores and outlets are not included). Terms and conditions on the gift card shall apply. The prize draw is open to residents in the UK and Ireland, but is not open to employees of the Arcadia Group, their families, agencies or anyone else associated with this prize draw. Promoter: Miss Selfridge Retail Limited registered on. 4251393. Registered office: Colegrave House, 70 Berners Street, London W1T 3NL. *Terms and conditions apply. To see them, go to Missselfridge.com/terms.





Which department store did Miss Selfridge originate in? (a) Harrods (b) House Of Fraser (c) Selfridges

To enter, call our hotline* on 0905 230 3201

*Calls cost £1 per minute, plus your telephone company's network access charge. Calls last approx 2 mins.

Enter online for free

Simply visit Look.co.uk/competitions to enter this competition for free.

Ortext...LOOK B

followed by a space, your answer and your full name, house number, postcode and email address to **87088** (UK). For example, text: LOOK B (answer) CHLOE JONES 14 NN1 1LL chloejones@ example. co.uk. (Max. 160 character limit.) Texts cost £1.50 per text plus usual operator costs.

*Lines are open from 15 September 2015 until midnight on 29 September 2015. Please ensure you provide your full name and address details, as incomplete entries may be charged, but not entered. Entrants must be over 18. When you enter by text, you may in future get sms marketing messages from Time Inc. (UK) Ltd and Look magazine. If you don't want to, please end your text with NO INFO. SP: Spoke Ltd 0333 202 3390. For normal Time Inc. (UK) Ltd competition rules, see Comps.look.co.uk/rules.

For more fantastic competitions, go to Look.co.uk/competitions



Unlike other Ultra Towels, Bodyform's Roll.Press.Go™ come with a wrap that completely seals on all sides, so you can dispose of your towel discreetly and get on with your day.

The award winning* solution for towel disposal.









She's got over three million Instagram followers and promises to overhaul your body with just three workouts a week

ayla Itsines is the fitness name of the moment. Famous for her Bikini Body Training Guide and her brilliant, photo-perfect Instagram account (kayla itsines), which has amassed her well over three million followers, she's the trainer the Look office can't get enough of.

The 24-year-old Australian started training in her teens after she was diagnosed with endometriosis, in a bid to control her symptoms. Fitness became her passion – and now she's gone on to inspire a health-conscious generation of women. 'I joined the gym and just loved it,' she says. 'I was more awake, and that's when I thought: "I'm going to start to inspire others".

Her popular bikini-body guide involves a 12-week exercise plan

made up of 28-minute high-intensity workouts you do three times a week. Even better, it's totally accessible. It's available from £32, in print or as a digital book - so don't be surprised if you see women looking at their phones as they rest between lunges at the gym.

The key to Kayla's success seems to lie in the fact that she just 'gets' women. As well as never using the word 'diet', she also admits that she only does 'real' workouts three or four days a week. 'A "bikini body" is about feeling comfortable, strong, fit and great about yourself,' she says. Amen to that!

Even better, she's women's biggest cheerleader, proudly posting before and after pictures of her followers' bikini-body successes on Instagram and insisting: 'I don't want to make my account about me and my journey.' We heart Kayla.

Kavla's Kev Exercises

Start your journey with some of her top moves

SQUAT JUMPS

Begin in a standing position, leas hip-width apart, and crouch into a low squat. Hold, then as you come up, push through your legs and jump. Return to squat position. Do 20 reps.



AB BIKES

Lie with your fingertips by your ears and knees pulled up towards the chest. Straighten the

right leg and, with shoulders off the ground, bring the right elbow towards the left knee. Switch sides in a pedalling motion. Do 40 reps (20 per side).

SIDE PLANK

Start in a standard plank. then lift one hand off the floor and turn your body sideways. Hold for 20 seconds. Do six reps (three per side)



Tap For More

The Downton Abbey Takeover!

It's back! And boy is the last series going out with a bang...





The Leading Ladies. . .

EDITH CRAWLEY

Afterherlover dramatically disappeared, things finally seem to be looking up for 'Poor Edith'. Now running a magazine, andjuggling work with being a single parent.she totally defies convention.

CORA CRAWLEY

WilltheLady of the manor finallytell daughter Maryabout Edith's secret child? And how will she and her husband cope as they witness the decline of the British aristocracy?

MARY CRAWLEY

Lady Mary hashada tumultuous love life, and afterthe death of her husband suitors are vyingforher attention.But will she meet hermatch? Ourbetsare on Henry Talbot...



ANNA BATES

Could Anna and her husband be thinking ofgrowing their family? Ifanyone deserves ahappy ending, it's these two.

Fabulous Fashion

Um, we also need to talk about the chic style -the women's Great Gatsby-esque wardrobe will have you running to your nearest vintage shop. 'I love pattern,' says the show's costume designer, Anna Robbins, 'It tells the story of the era. In the 20s, [many fabrics] had really geometric, Art Deco motifs: Want to nail the *Downton* look? Don't forget the essentials: elbow gloves, a tiara and a faux-fur trimmed coat. Noted.



What Was *Really* Happening In 1925...

- Women under30 years old stillcould not vote.
- F Scott Fitzgerald published his classic, The Great Gatsby.
- The first female prime minister Margaret
 Thatcher was born.
- Corsets were out, replaced by flapper dresses (way more
- comfortable!) and bobbed hairstyles.
- Alcohol was illegal in the United States.
- The first-ever TV was invented...



LOOK

Blue Fin Building, 110 Southwark St, London SE1 0SU Tel: 020 3148 6668 Email: lookys@timeinc.com

Editor **Ali Hall** Deputy Editor **Maria Coole**

Art Director & Commercial Content Manager
Rose Owens 020 3148 6689
Assistant Editor Claire Sanderson 020 3148 6670
Head Of Fashion Content Lucy Wood 020 3148 6653
PA/Office Manager Helen Francis 020 3148 6668
Please note we do not accept under 18s for work experience

FEATURES & ENTERTAINMENT

Acting Features & Entertainment Editor **Giselle Wainwright**020 3148 6666
Acting Deputy Features & Entertainment Editor **Catriona Innes**020 3148 6681

FASHION

Fashion Editor **Chloe Jackson**Fashion Stylist **Kate Andrews**Fashion Stylist **Lucie Clifford**Freelance Fashion Assistant **Sarah Barlow**

FASHION NEWS

Fashion News Editor **Gemma Yates** 020 3148 6685 Fashion News Writer **Hannah Banks-Walker** 020 3148 6676 Freelance Junior Fashion News Assistant **Amy de Klerk** Freelance Junior Fashion News Assistant **Bridie Wilkins**

BEAUTY

Beauty Editor **Samantha Freedman** 020 3148 6690 Beauty Writer **Victoria Jowett** 020 3148 6648 Beauty Assistant **Gabrielle Dyer** 020 3148 6661

ART

Acting Art Editor Emma Crompton 020 3148 6691
Deputy Art Editor (maternity leave) Bryony MacQueen
Freelance Senior Designer Kat Field 020 3148 6697
Designer Hannah Wilson 020 3148 6687

PICTURES

Picture Editor **Tomasina Brittain** *02031486649*Deputy Picture Editor **Martin Carrigan** *02031486642*Senior Picture Researcher **Victoria Adegboyega** *02031486686*Freelance Picture Researcher **Amy Ward** *02031486644*

PRODUCTION

Production Editor **Laura Crisp** *020 3148 6688*

LUXURY FASHION HUB

Head Of Production Nicola Moyne
Deputy Head Of Production Sophie Davis
Chief Sub Editor Claire Hearn
Deputy Chief Sub Editor (maternity leave) Rachael Sanderson
Acting Deputy Chief Sub Editor Danielle Wilkins
Sub Editor Léa Teuscher
Designer James Davies

WWW.LOOK.CO.UK

Audience Development Manager **Stevie Keen**Video Producer **James Fenn**Senior Digital Writer **Robyn Munson**Digital Writers **Laura Jane Turner, Anna Duff Thanks to** Adelaide Turnbull, Amie-Jo Locke, Bridie Wilkins, Emma Firth,
Christine Beadle, Emma Shuffield, Cat Lister, Sophie Gallagher,
Charlotte Ford, Heather Bates, Grace Kenny, Natasha Byrne, Savina
Niklova, Elizabeth Sanders, Lucia Campolucci-Bordi

Publishing Director **Julie Lavington**

PAto Publishing Director **Ria Harris** 020 3148 7664
Brand Publisher & Head Of Marketing **Tara Belfon**Assistant Publisher **Kelly Richardson**Marketing Executive **Elizabeth Pether**Group Advertisement Sales Director **Alex Russell**Managing Director **Jackie Newcombe**

ADVERTISING

Look Publisher **Angela Rawstorne** 020 3148 7581 Brand Manager **Shannon Watkin** 020 3148 3669 Beauty Communications Director **Zoe Robertson** 020 3148 7588 Head Of Agency Sales **Lindsay Dean** 020 3148 3668 Creative Media Manager (maternity leave) **Emilie Morrissey** Digital Client Manager **Amy McKean** 020 3148 7590

CLASSIFIEDS

Group Classified Manager **Emma Van Der Veen** 020 3148 2635 Classified Sales Executive **Amy McBride** 020 3148 2646

PRODUCTION

Group Production Manager Sue Balch Production Manager (maternity leave) Sam Wackenier Digital Producer Sebastian Hue Advertisement Production Rosanne Hannaway 020 3148 2506

Advertisement Production Rosanne Hannaway (2031-4825/0).
Subscription rates: Oneyeay, 51 issues (including page). IV(897.1) EVBLRC243.80: USA 5117.70: Rest ofworld £207.90. for enquiries and overseas rates please visit magazinesdirect@quadrantsubs.com or call +44 (0)303.332.33. Published by Evant Ltd., a joint venture company between Time Inc. (UK) Ltd, and Mane Claire Album, and managed by Time Inc. (UK) Ltd. (Bue Fin Building, 110 Southwark Street, London 5£1.05 Utel. 2031;486668). Website: wow/look.co.uk. Printed in England by Polestar Bicssier. Cover printed by Polestar Chantry. Repro by Rhapsody. Distributed by IPC Marketione. Look is at trademark of Time Inc. (UK) Ltd, and is sold subject to the Following condition, namely that its hall not, without the written consent of the publishers fits given, be lent, resold or hired out or otherwise disposed off in a mutilated condition or in anyother unauthorised cover by way of trade or affixed toor aspart of any publication or advertising literary or pictorial matter whatsoever. Look does not assume responsibility for unsolicited manuscripts, photographs and illustrations. Time Inc. (UK) Ltd reserves the right to reuse any submission sent to Look magazine, in any format or medium. @Time Inc. (UK) Ltd, 2014. ISSN no: 1753-5115









Stylista Ms Chung has added yet another string to her bow by launching a hot, new fashion app. Dubbed 'your very own endless dressing up box', Villoid allows you to follow your favourite brands (both high street and designer) and fellow stylish users, and create your own 'style boards' of the best products and images. Think a mix of Instagram and Pinterest, but with a 'buy' button, allowing you to purchase items directly. Dangerous!



GRETCHEN ROEHRS' FOODIE FASHIONISTAS

Get a new Instagram addiction in the form of artist Gretchen Röehrs (@groehrs). Stick figures in frocks made from food - what's not to love?



DON'T SETTLE FOR LESS.STRIVE TO BE THE BEST YOU CAN

BE AND TO LIVE TRULY WITH HIGH STANDARDS. ALWAYS AIM HIGHER AND **HIGHER AND** THAT'S WHERE YOU WILL GO.



Natalie Massenet's words to her team at Net-A-Porter after announcing she's leaving the company.

LOOR-WHAT AWEEK

Fashion never sleeps and neither do we! For your 24/7 style fix, go to Look.co.uk and follow...



HOURS. **MASCARAS**

AS LONDON FASHION WEEK KICKS OFF, MAC **REVEALS WHAT WENT** INTO MAKING LAST **FASHION MONTH** HAPPEN. PHEW!

For everything you need to know about London Fashion Week, go to Look, co.uk/lfw





PALOMA FAITH FOR AGENT PROVOCATEUR

The songstress looks uh-mazing in the new campaign for the shop where she used to work – talk about coming full circle.



To see all of autumn's best fashion campaigns, head to Look.co.uk/fashtrends

INTRODUCING THE NEW DER RANGE



WONDERFORM

LOOK Georgeous

Exclusively at ASDA

